

HAIRSTYLE MOJO

The Mixed Fruit Hair Mask

Ingredients:

- 1/2 Cup Avocado (Ripe)
- 1/2 Cup Banana (Ripe)
- 1/4 Cup Cantaloupe (Organic)
- 1 Tablespoon of Wheat Germ Oil
- 1 Tablespoon of Yogurt

Tools you will need:

- Blender
- Medium Sized Mixing Bowl
- Whisk or Fork

Directions:

1. Place avocado to blender and make a smooth, lump-free paste.
 2. Add bananas and cantaloupe and blend again.
 3. Add tablespoon of wheat germ oil and yogurt.
 4. Mix thoroughly to form a thick mixture.
-

Shopping list

Avocado (Ripe)

Bananas (Ripe)

Cantaloupe (Organic)

Wheat Germ Oil

Plain Yogurt (Organic)