

HAIRSTYLE MOJO

The Powerful Avocado Hair Mask

Ingredients:

- 1/2 – 1 Ripe Avocado
- 1 Tablespoon of Lemon Juice
- 1 Tablespoon of Olive Oil
- 1 Banana
- 1 Tablespoon of Organic Honey
- 1 Egg Yolk
- 5 -10 Drops of Essential Oil of Your Choice

Tools you will need:

- Mixing Bowl
- Separate Bowl for Egg Yolk
- Fork
- Whisk

Directions:

1. Mash avocado and banana with fork in a mixing bowl.
2. Break the egg open and separate the yolk into separate bowl.
3. Add every other ingredient + egg yolk into the avocado – banana mixture.
4. Mix thoroughly to form a thick mixture.

Shopping list

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|--------------------------|---------------|--------------------------|-----------|--------------------------|---------------|
| <input type="checkbox"/> | Avocado | <input type="checkbox"/> | Egg | <input type="checkbox"/> | Essential Oil |
| <input type="checkbox"/> | Banana | <input type="checkbox"/> | Olive Oil | | |
| <input type="checkbox"/> | Organic Honey | <input type="checkbox"/> | Lemon | | |